

## "THIS IS IT"

(by John Klemmer)

"Live life fully & alive without shyness, embarrassment nor fear & live & lust for the moment you're in & the moment yet to come. Laugh, cry, make love as you choose. Feel & act on your passions without reservation or judgement by yourself nor anyone else & grab the minutes as they appear for it shall never come your way again. Force yourself if you must to create a habit of living life fully, accepting & taking advantage of the gifts & blessings that come your way, if, one is fortunate to have such blessings come along a time or two in ones life, as, for many, not even one special blessing ever comes along in thier Life. Make the most of the Love, in all it's forms, the sustanence of life. For Love is Life & Life is Love, and, in the final moments of Life, we find, after a lifetime of hard work, success's, frustrations, pain, struggle & all the monumental distractions of surviving this phenomonen called Life & Living, that,

The Love, after all, was & is, all there really is & ever was, all along the way & at The End. Can we remember that as we take our long journey through this maze of experiences & situations thrust upon us as we travel this road of twists & curves that is called, being alive? Can we remember, no matter what, that in each moment we can find a grain of sand of Love in everything & in most everything? Forgiveness, compassion & understanding we carry with us as each challenge that comes our way. Lust for your Life & Passions both Spiritual or Physical. Never let it slip through our fingers & get away. Be brave & take it as yours & own it. It all is a Gift given to us for what & why we do not yet know. Is it really important if even possible to know? But it exists. It is there. Every waking & sleeping moment. Waiting for us to seize & claim what belongs to us as Human Beings in a World we inhabit, truly & really, in the end, living in it all alone, reaching out to others & receiving the touch of comfort & companionship, to

help us along our way".

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